

Unicorn Essence by Hazel Raven

Unicorn (from Latin *unus* 'one' and *cornu* 'horn') is a mythical creature, described as having a long slender straight or spiralled horn extending from its forehead. Though the modern popular image of the unicorn is sometimes that of a white horse differing only in the horn, the traditional unicorn also has a billy-goat beard. The unicorn is the only fabulous beast that does not seem to have been conceived out of human fears. In even the earliest references he is fierce yet good, selfless yet solitary, but always mysteriously beautiful. A widespread legend is that, when Noah gathered two of every kind of animal, he neglected to gather the unicorns, which is why they do not exist today.

Etheric and angelic, unicorns are exquisite creatures of beauty and grace. The mythical unicorn has long been honoured through tapestry, heraldry, folk songs, poetry and legends. It is famed for its purity of heart, grace, dignity, wisdom and healing abilities. The unicorn comes to you bringing inspiration and pure white angelic healing energy. It is said that the unicorn's magical horn has the ability to heal the sick and that flowers will rise up from its hoof prints through snowy ground.

Unconquerable in nature, the most amazing power a unicorn possesses is the supernatural ability to leap from the earth and form the magical rainbow in the sky. The unicorn engenders in people a sense of awe, fascination, inspiration, enchantment and after you become comfortable in their presence you begin to feel their love, light and blessings.

Each of us holds an individual 'vision' of our unicorn, be they beautiful, wild, proud, shining, inquisitive, peaceful, humble, immaculate, winged, angelic, mysterious, enigmatic, transcendental, pure, elegant, graceful, excellent, marvellous, sublime or divine. These etheric beings are in our memory, as they used to guide us, much like angels in the time of Atlantis and Lemuria.

The unicorns are back in large numbers to guide us on our spiritual journey. I hope you meet your **Guardian Unicorn** in a moonlit forest glade, just as I did in my meditation. Perhaps you will meet your unicorn against a dramatic night sky with a silver moon floating overhead, or under a magical tree, or over a rainbow. The following meditations should help you connect with your unicorn guide.

I never thought I would be guided to produce a **Unicorn Essence**, but, never say never! I remember as a very small child seeing the 'beautiful ladies' (angels) in my room every night and when I was 14 months old telling everyone about Pegasus and riding on his back.....but in a vision this year I was approached by a group of unicorns and they asked me to produce this essence! Anyway, I must say the unicorn 'energy' has really changed a lot of things for me.

How can unicorns help you?

I have been told, the unicorns are here at this time to purify and guide us in all our healing work both personal and planetary. They are the mystical link between worlds, they will support our spiritual growth. They bring forth the 'light in our spirit' to heal, bless and bring peace in any situation. Unicorns are filled with celestial energy, this radiates and flows outwards from their mystical horn. The spiral of the unicorn's horn is a vortex, giving the unicorn access into a Divine healing realm. It also it has the ability to awaken a human's psychic development through intention. We all have our own personal unicorn, very much like our own personal Guardian Angel. This energy is wholly, absolutely and completely reliable in all dimensions and in all situations. My guardian unicorn is called Moonbeam, he was quickly followed by two other unicorns, Snowflake and Starlight. Plus my winged unicorn Moon-shadow.

Meditation to Summon your Unicorn

Inspired by **Moonbeam**.....make sure you will not be disturbed.

To this end, switch off the phone, dim the lights in the room and light a candle, these are simply to relax yourself and bring your focus to a meditative state.

Soothing music can be playing softly in the background.

Begin by seating yourself comfortably and securely.

Mist your aura with the **Unicorn Essence**.

Try to relax and close your eyes, focus on your breathing until you feel at peace.

Next, I want you to imagine yourself in a green field full of vibrant, aromatic, summer flowers.

The field is surrounded on all sides by lush magnificent trees.

It is a beautiful, warm, sunny day, the birds are singing, exquisite butterflies are flying, the air is still and peaceful.

You feel safe, centred, balance and in harmony with all life.

You hear a gentle rustling in the trees, as you gaze towards this gentle sound, you see a violet mist forming and from the swirling mist the most beautiful unicorn emerges.

Spend a few moments gazing at your unicorn, what colour is it, what colour is its mane and tail, is it bedecked in flowers or jewels. Does your unicorn have wings?

You invite your unicorn to come closer. Be aware of any thoughts that enter your mind, this is your telepathic communication with your unicorn.

You can ask your unicorn for anything you need, healing, spiritual guidance or even its name. Be open to receive any thoughts, messages, or impressions.

How does your unicorn make you feel?

Ask your unicorn for a sign of its presence around you. Perhaps a white feather or a beautiful aroma or a white flower or a rainbow or the gentle sound of its hooves. Some unicorns show their presence with flashes of coloured sparkles like someone has thrown glitter into the air.

Stay with this energy as long as you like.

Sometimes your unicorn will guide you through a stargate or other dimensional portal.

To conclude the meditation session, thank your unicorn, gently begin to drift back to normal everyday waking consciousness and acknowledge the room around you, feel the floor beneath your feet and have a small drink of water to ground yourself.

While the meditation session is taking place, any sensations - such as tingling, a feeling of heaviness or lightness, energy surges or shifts of perception - are simply an indication that energies are balancing.

In the book 'Messages From Nature's Guardians by Fiona Murray, page 108. "*Yes, unicorns' magical healing powers are unique. We are the ultimate healing Elemental for the human heart. The love that one feels when communicating with a unicorn is truly magnificent , as you have indeed felt I am sure*".

My friend Mike Eastwood Author of '*Nine Chakra Crystal Healing Manual*' and '*The Crystal Oversouls 44 Healing Cards*' commented on my fb post "Unicorns appear to humanity to restore the eighth and ninth chakras. The unicorns have entrusted you Dame Hazel".

The meaning of thirteen crystal used in this Unicorn Essence.

Azeztulite the Nameless Light, which is guided by a group of interdimensional Angelic Beings known as 'the Angels of the Azez'.

Brookite for **Interdimensional Communications**.

Danburite is the **Karmic Cleanser**, brings Angelic contact.

Herderite for **Spiritual Evolution**.

Moldavite for **Transformation** to explore your true potential.

Petalite to develop **Cosmic Consciousness**.

Phenacite for **Light Body Activation**

Preseli Bluestone for connecting to the distant past to open doorways to **Alternate Dimensions**.

Scolocite for **Awakening the Heart Chakra**.

Selenite for **Remembering Past Lives** to release and develop potential skills that have become trapped, freeing energy from this lifetime and from other lives.

Seraphinite for connection to the **Angelic Consciousness**

Tanzanite for initiating **Altered States of Reality** and developing enhanced spiritual perception

Tibetan Tektite the **Stone of Shambhala** for developing telepathic communication

Full Moon Unicorn Meditation

Inspired by **Starlight**.....Make sure you will not be disturbed. Switch off the phone, dim the lights in the room and light a candle, these are simply to relax yourself and bring your focus to a meditative state. Soothing music can be playing softly in the background.

Begin by seating yourself comfortably and securely. Mist your aura with the **Unicorn Essence**. Try to relax and close your eyes, focus on your breathing until you feel at peace.

Imagine you are outside, it is a beautiful, warm, starlit, summers night.

The moon is full, and as you gaze at it, you begin to sense the energies of the moon, receive the blessings, feel it opening, cleansing and balancing your chakras.

Allow your beautiful heart chakras to fully blossom and as you do so call out to your unicorn to approach you.

You see a violet mist forming and from the swirling mist the most beautiful unicorn emerges.

Spend a few moments gazing at your unicorn, what colour is it, what colour is its mane and tail, is it bedecked in flowers or jewels. Does your unicorn have wings?

You invite your unicorn to come closer, be aware of any thoughts that enter your mind as this is your telepathic communication with your unicorn.

Allow the unicorn to gently touch your third eye chakra with its spiral horn.

As the unicorn touches you with its spiralling horn of light you receive a stream of divine energy and light, opening a window to higher consciousness and enlightenment. This divine light reconnects you to your Soul essence and you receive healing on all levels.

Ask your unicorn for a sign of its presence around you. Perhaps a white feather or a beautiful aroma or a white flower or a rainbow or the gentle sound of its hooves. Some unicorns show their presence with flashes of coloured sparkles, just like someone has thrown glitter into the air. Stay with this energy as long as you like.

To conclude the unicorn meditation session, gently begin to drift back to normal everyday waking consciousness and acknowledge the room around you, feel the floor beneath your feet and have a small drink of water to ground yourself.

While the meditation session is taking place, any sensations - such as tingling, a feeling of heaviness or lightness, energy surges or shifts of perception - are simply an indication that energies are balancing.

Unicorn Rainbow Meditation

Inspired by **Moon-shadow**.....as always, make sure you will not be disturbed. To this end, switch off the phone, dim the lights in the room and light a candle, these are simply to relax yourself and bring your focus to a meditative state. Soothing music can be playing softly in the background.

Begin by seating yourself comfortably and securely. Mist your aura with the **Unicorn Essence**. Try to relax and close your eyes, focus on your breathing until you feel at peace.

Ask your **Guardian Angel** to be beside you.

Visualise a sparkling, cascading waterfall, a beautiful rainbow light surrounds it.

Through the rainbow mist a fabulous winged unicorn appears.

The unicorn invites you to sit on his/her back. Your Guardian Angel lifts you onto the winged unicorn and then sits behind you enfolding you with their wings.

You now experience an amazing transformation '**double wings**' these represent freedom within partnership. This is the freedom to be fully yourself whilst working with your guides.

The unicorn now flies over the rainbow, taking you to a soft, sunny, green glade full of wild flowers.

You feel there is magic in the air as your Guardian Angel helps you down from the unicorn.

Your unicorn has a message for you "dreams really do come true when you wish for them with all of your heart. This is part of the wisdom from the hidden realms".

Tell your Guardian Angel about your wishes, ask for their help and guidance about manifesting these heartfelt dreams.

Your Guardian Angel then places their hands over your heart chakra, feel the love flowing into your heart-centre as you open up to receiving your heart's desire.

Once this process is complete, tell your unicorn about the longings of your Soul and listen for a reply. Allow your unicorn to gently touch your third eye chakra with its spiral-horn. As it does so, see, feel or be aware of a cascade of shimmering stars pouring into your third-eye centre.

You now feel yourself surrounded by a soft pink bubble of light.

Your Guardian Angel helps you once more onto your unicorns back and you both return through the rainbow, back where you started. Thank your angel and your unicorn.